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Key findings

Personal connection drives Iraqis' use of social media platforms

Iraqis use social platforms primarily to stay connected. WhatsApp is the dominant channel (used by 74%, preferred by 38%), followed by Facebook and Instagram. For most, social media is about maintaining family ties rather than seeking news or entertainment. 2 in 5 say they socialize more online than face-to-face, underscoring how central these platforms have become in daily life.

Integration of advanced digital services is at an early stage

Digital tools are widely used, but mostly for basics. Nearly 7 in 10 Iraqis use VoIP apps, while video streaming (59%) and food delivery (32%) are also popular. Yet more advanced services like digital wallets (15%), smart home devices (14%), health apps (13%), and mobile banking (11%) remain niche, reflecting an early stage of digital integration.

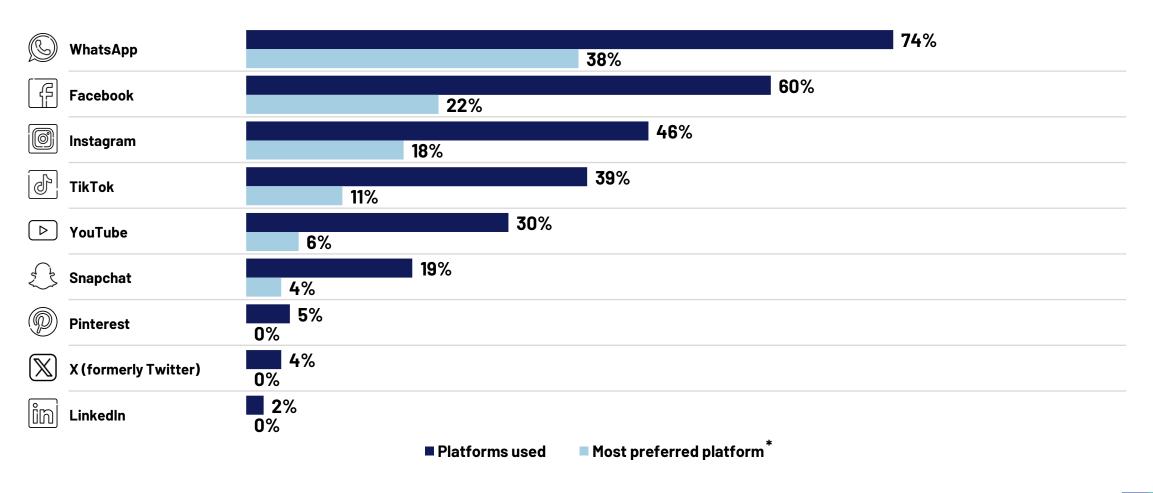
When it comes to trends, people follow, but few lead

Iraqis are cautious adopters. A third identify as early adopters, another third as main followers, while 37% prefer to stick with the familiar. Youth (41%) and males (40%) are more likely to be early adopters, while older groups lean heavily toward laggard behavior.





Social media platforms usage and preference



Social media platforms usage



















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	WhatsApp	Facebook	Instagram	TikTok	YouTube	Snapchat	Pinterest	X (formerly Twitter)	LinkedIn
Total	74%	60%	46%	39%	30%	19%	5%	4%	2%
Male	73%	71%	46%	48%	30%	16%	4%	6%	3%
Female	75%	49%	47%	30%	31%	22%	6%	3%	1%
15-24	67%	49%	57%	40%	37%	28%	10%	5%	2%
25-34	81%	70%	58%	44%	33%	23%	5%	6%	2%
35-44	84%	67%	40%	42%	29%	15%	3%	3%	2%
45+	68%	60%	23%	29%	20%	6%	-	3%	_
Kurdistan Area	66%	68%	67%	52%	53%	63%	16%	12%	7%
Northern Area	76%	63%	41%	46%	36%	24%	6%	2%	1%
Central Area	76%	62%	47%	39%	27%	10%	4%	3%	1%
Southern Area	75%	50%	38%	28%	20%	7%	1%	4%	1%
Upper Income	78%	63%	57%	44%	36%	25%	9%	9%	4%
Middle Income	81%	60%	50%	34%	34%	28%	8%	4%	1%
Lower Income	72%	59%	41%	38%	28%	14%	3%	2%	1%



Social media platforms preference







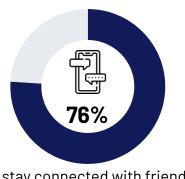




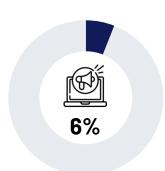


	WhatsApp	Facebook	Instagram	TikTok	YouTube	Snapchat
Total	38 %	22%	18%	11%	6%	4%
Male	32%	31%	14%	16%	4%	3%
Female	45%	13%	22%	6%	7%	6%
15-24	26%	14%	31%	13%	9%	6%
25-34	37%	26%	16%	11%	5%	5%
35-44	48%	21%	11%	12%	2%	4%
45+	50%	34%	5%	8%	3%	_
Kurdistan Area	16%	23%	20%	14%	6%	20%
Northern Area	38%	25%	16%	11%	5%	6%
Central Area	41%	24%	17%	10%	6%	-
Southern Area	46%	18%	19%	12%	4%	_
Upper Income	34%	23%	19%	11%	5%	6%
Middle Income	43%	19%	26%	5%	2%	4%
Lower Income	40%	22%	16%	13%	6%	3%

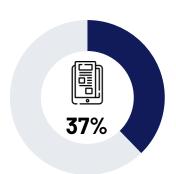
Social media main uses



To stay connected with friends and family



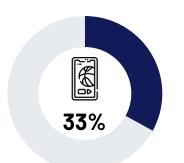
To promote personal or professional projects



To discover news and information



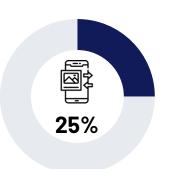
To follow and engage with celebrities or influencers



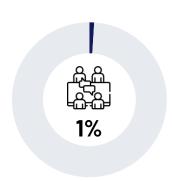
For entertainment and leisure



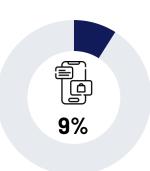
To follow and engage with brands or businesses



To share and view updates, photos or videos



To participate in professional networking



To learn about products

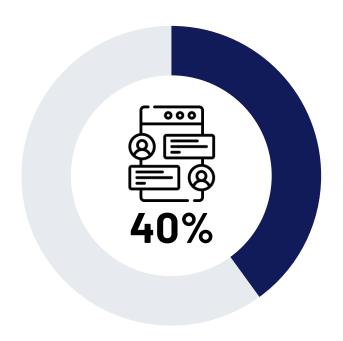


To find and participate in online communities

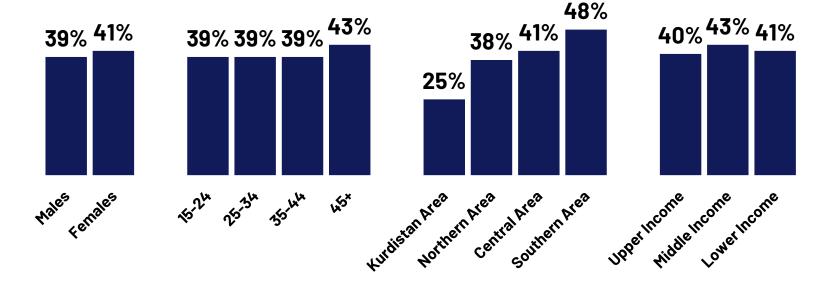
Social media main uses

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	Stay connected with friends and family	Discover news and information	Entertainment and leisure	Share and view updates, photos or videos	Learn about products	Promote personal or professional projects	Follow and engage with celebrities or influencers	Follow and engage with brands or businesses	Participate in professional networking	Find and participate in online communities
Total	76%	37 %	33%	25%	9%	6%	6%	2%	1%	1%
Male	70%	42%	32%	27%	6%	9%	7%	2%	1%	-
Female	83%	31%	33%	23%	12%	3%	4%	3%	1%	1%
15-24	75%	30%	39%	22%	6%	6%	7%	4%	1%	1%
25-34	73%	37%	34%	32%	12%	8%	5%	2%	2%	-
35-44	77%	43%	27%	30%	9%	4%	7%	2%	1%	-
45+	83%	40%	25%	18%	11%	6%	2%	-	1%	1%
Kurdistan Area	63%	60%	34%	25%	6%	4%	7%	11%	4%	2%
Northern Area	78%	39%	31%	26%	7%	3%	6%	3%	2%	-
Central Area	80%	32%	31%	26%	11%	10%	5%	1%	1%	1%
Southern Area	77%	30%	35%	23%	10%	4%	5%	-	-	-
Upper Income	77%	46%	33%	23%	10%	8%	6%	4%	1%	1%
Middle Income	80%	34%	33%	29%	7%	4%	8%	3%	-	-
Lower Income	76%	31%	33%	24%	9%	6%	5%	1%	1%	-

Socializing habits



Spend more time socializing with friends online than faceto-face



Do people follow celebrities and influencers on social media platforms?

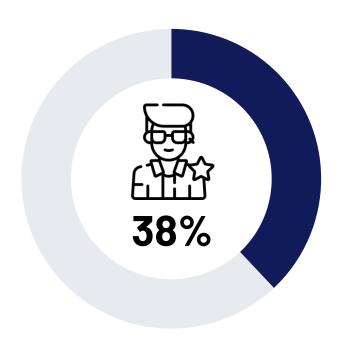


Follow celebrities

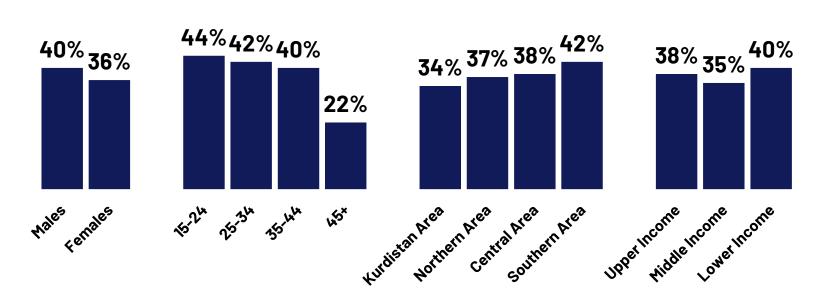


Follow influencers

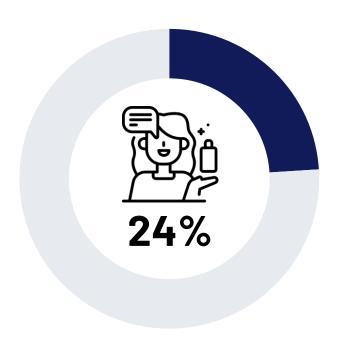
Following celebrities on social media platforms



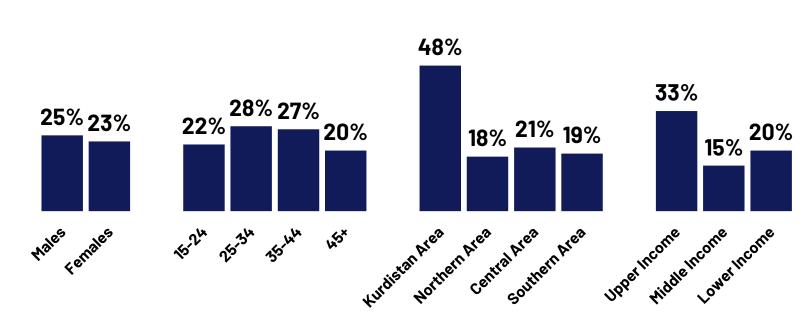
Follow celebrities on social media platforms



Following influencers on social media platforms



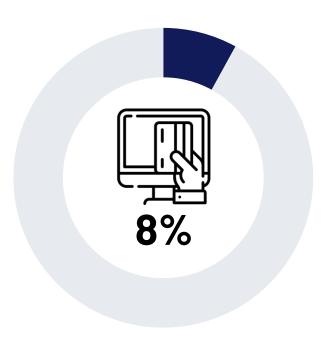
Follow influencers on social media platforms



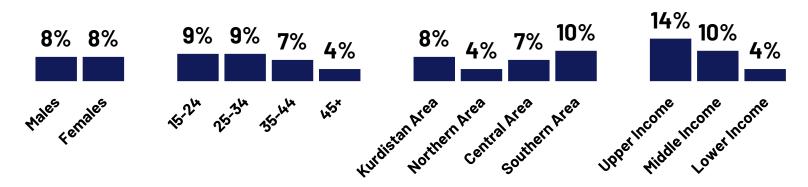


Paid subscriptions

% - by demographics



Paid for digital content in the past six months







Trends adoption

% distribution of trend adopters

37%

Laggards:

prefer to stay with what they're used to as long as possible and would rather not change if it's not necessary



30%

Main followers:

try out new trends after they become popular, and more people have tried them



33%

Early adopters:

like to be among the first to try out the latest trends and have their own opinion about it





Trends adoption

% distribution of trend adopters - by demographics







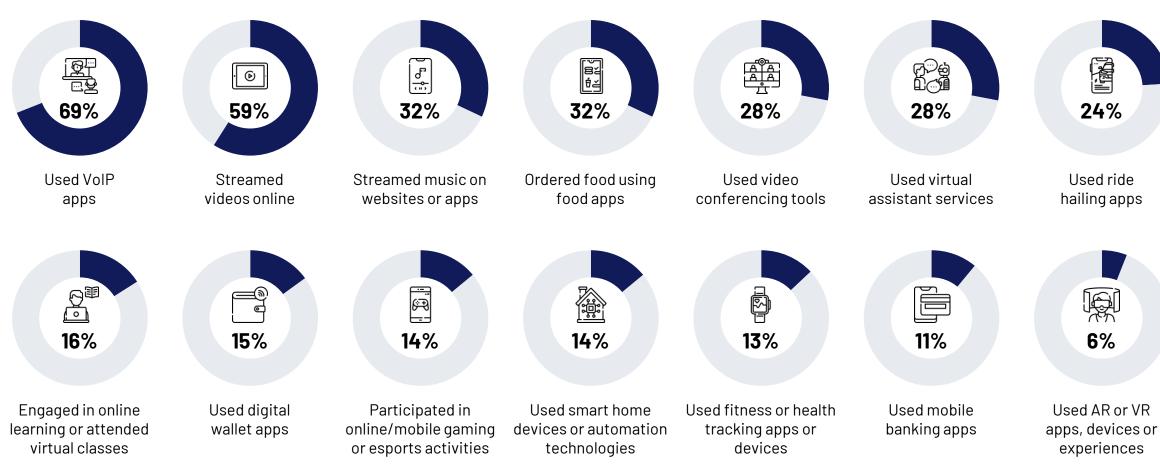
	Laggards	Main Followers	Early Adopters
Total	37 %	30%	33%
Male	32%	28%	40%
Female	42%	32%	26%
15-24	31%	28%	41%
25-34	34%	33%	34%
35-44	35%	35%	30%
45+	51%	28%	22%
Kurdistan Area	50%	27%	23%
Northern Area	36%	27%	37%
Central Area	34%	34%	33%
Southern Area	35%	29%	35%
Upper Income	38%	35%	27%
Middle Income	33%	29%	38%
Lower Income	35%	29%	36%





Technology integration

% usage in the past six months





Technology integration

% usage in the past six months - by demographics





























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	Used VoIP apps	Streamed videos	Streamed music	Ordered food using food apps	Used video conferencing tools	Used virtual assistant services	Used ride hailing apps	Engaged in online learning	Used digital wallet apps	Participated in online/mobile gaming	Used smart home devices	Used health tracking apps/devices	Used mobile banking apps	Used AR or VR apps/devices
Total	69%	59%	32%	32%	28%	28%	24%	16%	15%	14%	14%	13%	11%	6%
Male	78%	65%	34%	26%	32%	30%	19%	15%	19%	18%	15%	13%	12%	6%
Female	61%	53%	30%	38%	25%	26%	29%	17%	11%	11%	13%	12%	10%	5%
15-24	64%	54%	39%	40%	24%	33%	28%	22%	15%	20%	17%	14%	10%	7%
25-34	79%	72%	40%	36%	35%	32%	28%	20%	22%	14%	17%	17%	14%	6%
35-44	78%	65%	27%	26%	33%	26%	19%	12%	15%	12%	11%	10%	14%	4%
45+	58%	47%	16%	20%	25%	20%	18%	7%	8%	7%	9%	9%	5%	5%
Kurdistan Area	66%	41%	19%	38%	21%	19%	10%	15%	18%	16%	32%	17%	19%	4%
Northern Area	68%	56%	29%	32%	21%	18%	15%	14%	11%	12%	9%	7%	8%	3%
Central Area	76%	69%	39%	32%	34%	35%	31%	20%	16%	14%	10%	11%	8%	6%
Southern Area	63%	55%	28%	29%	29%	30%	26%	12%	14%	15%	14%	16%	12%	8%
Upper Income	75%	62%	33%	40%	40%	40%	30%	20%	24%	17%	23%	18%	21%	8%
Middle Income	73%	53%	33%	36%	19%	28%	19%	22%	16%	15%	14%	17%	10%	9%
Lower Income	67%	58%	32%	26%	24%	23%	21%	14%	10%	13%	9%	9%	6%	4%



Sample and methodology

Sample size

927 respondents

Sample criteria

General public representative of the population across gender, age (15+) and region

Methodology

The survey was conducted via computer-aided telephone interviews

Geographical coverage

Conducted in Iraq with a nationwide coverage





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